# Road Watch—Adopt A Road





#### **KESAB** awards

Many of you have been involved in the Road Watch-Adopt A Road program for a long time and we are truly grateful! In 2021, the program turned 25 and we'd like to celebrate! To share the impact, we've decided to combine the program event with other key programs that KESAB runs including Sustainable Communities (aka Tidy Towns) and the Wipe Out Waste schools program. We hope this combination will see greater engagement, more sharing and a good diversity of participants.

Due to COVID, the event will be either a hybrid (online & in-person) or worst-case scenario, an online only event. To prepare for this, we would love to have content to share. If you have stories you'd like to record, either in short PowerPoint slides, images and text or pre-recorded videos, please contact us so we can help you share your story: roadwatch@kesab.asn.au o8 8234 7255

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#### International volunteer day

<u>International volunteer day</u> is December 5th and last year we marked this event with a moment of gratitude to the amazing volunteers that KESAB has had the pleasure of working with over the years.

Your efforts, however great or small, are truly appreciated. You may never know when you are being watched but your example has the power to bring about positive change which in turn has a ripple effect. (See Karen's story on the next page)

We hope that you enjoy the many benefits of community volunteering through our program and welcome any feedback that support improvement.

## New signs

The Lions Club of Mannum have recently committed to a long-term extension of their site to include a new section of an unofficial rest area. In partnership with the Department for Infrastructure and Transport, we organised brand new signs, as shown in the top banner and inset.

If you are a group who is committed to continuing activities for the next 2 years and don't yet have a sign or have a damaged sign, please contact us so that we can get your group recognised.

It's an important way to ensure volunteers efforts are recognised and that people can be aware of the program and its impacts.







# Collection recognition

#### Gratitude

A big thank you all to all our volunteers and supporters for your involvement in the program. All of your efforts are so appreciated! We love receiving images and stories and this month we had our first report & image from one of our latest recruits, Karen Goldie. Karen has adopted roadside along Reservoir Road near Myponga. She was happy to report that she has had lots of positive community feedback about her litter cleans, including a message from the local MP. The Hon. Leon Bignell, MP for Mawson, kindly shared a Facebook post on February 8th, highlighting Karen's

efforts which resulted in over 380 likes, 47 comments and 7 seven shares within just 17 hours! It's amazing the impact that social media can have (see inset post).

Karen's story was also included in the local newsletter, 'the Mudlark' which featured information about the Road Watch-Adopt A Road program. Thank you Karen.

Karen's first reported clean was just after the holiday season and given that the adopted roadside is the scenic route to Normanville/ Carrickalinga, there was 13kg of litter collected! 32 cans & 17 glass bottles were collected which were generously donated to the Myponga CFS for their annual fundraising drive. Thank you Karen for your amazing efforts, and to the community for sharing your bins for good waste management. It's stories like these that bring people together and get everyone thinking about how we can contribute more to our own communities.





How about a bunch of likes and a round of applause for local legend Karen who has adopted a section of road and gone out and cleaned it up.

On Sunday alone Karen picked up a whopping 13kgs of litter along Reservoir Road Myponga because she was so upset about all the rubbish unthoughtfully discarded by idiots.

We live in a beautiful part of the world and it is unfathomable that people would just throw things out of their windows as they drive along our roads.

Karen has joined the KESAB Roadwatch program and she said the rubbish included Hungry Jacks wrappers, C Coffee cups (presumably from On the Run at Aldinga), lots of plastic bags; which at least now will no longer get into our waterways or be eaten by livestock, tyre rubber, 32 aluminium cans and 17 glass bottles; which will no longer pose the threat of starting a grass fire!

If you'd like to be like Karen then check out the KESAB (Keep South Australia Beautiful) web or Facebook page.

If you're a dirty litter dumper: cut it out. It's not hard to keep your rubbish in the car until you get home or to your destination.

# 10 year Anniversary

# Tzu Chi Adelaide

The Tzu Chi Foundation in Adelaide is celebrating its 10 year anniversary this year. They have been participating in the Road Watch-Adopt A Road program for many years, driven by their commitment to community service. Compassionate relief is the keystone of the foundation which formed in 1966 by Master Cheng Yen from Taiwan. Master Cheng Yen experienced the plight of others suffering as a Buddhist nun and took action to band the community together to support those in need & each other. Today the global NGO is active in areas of charity, medicine, education, culture, international relief, bone marrow donation, community volunteerism and environmental protection in 105 regions. They give aid to over 95 countries and have offices in Adelaide, Sydney, Melbourne, Perth, Brisbane & the Gold Coast.





## Tzu Chi 10 year anniversary story continued

Tzu Chi Adelaide started assisting the needy in 2012, originally working out of the volunteers residences. In 2014 the Foundation secured an office on Wright Street, enabling more planning and management to serve the community.

The Adelaide group has collaborated with the Department of Disaster Resilience & Recovery to provide financial assistance to families affected by the 2015 Sampson Flat & Pinery fires, and the 2019 Yorketown, Cudlee Creek/Adelaide Hills & KI fires.

We thank the Tzu Chi Foundation for your amazing community efforts and are inspired to follow suit.



# Collection equipment

### Wheelie good ideas

Thank you to the wonderful volunteers who are able to report and/or send images.

We've noticed the great ingenuity many of you are showing with the way you collect litter. There are bicycle trailers, mobility scooters, sack trucks and DIY trolleys.

What's your favourite tool or do you have suggestions that we should know about?

Some of our dedicated volunteers have recently reached out to explore university student project work, to see if a litter trolley design can be included in engineering assignments. We will keep you posted if this project progresses and welcome your input & ideas for specification considerations.







# **Payback**

### Interesting finds

Have you found any interesting items in your clean ups or do you have conversations you'd like to share? Our Rubbish Riders group recently had some great payback for their efforts with the discovery of a \$50 note. Not an easy find in an increasingly digital world!

We have heard some interesting stories of rather personal items and even what seemed like a whole household being dumped. If you notice illegal dumping, please contact your local Council or the EPA.

We've also heard that the number of CDL containers has increased recently which I'm sure are being put to good use.

If you have feedback about items collected, please do let us know. This information can be shared to address issues and helps to support annual litter index information. You can report <u>online</u> or in hardcopy format. Simply reach out: 8234 7255 as we are here to help.



# Safety & equipment

Equipment checks Burns

Are you cleaning/sanitising your equipment after use? Please remember to practice good hygiene and safety and ensure that all equipment is well maintained for good working order. Please call (08)82347255 or email: roadwatch@kesab.asn.au if you require replacement equipment or would like more information about the correct use of materials.

### **SAFETY SPOTLIGHT: Burns**

Outdoor activities keep us fit & healthy but also present some risks. Sunburn is common in summer, but as the weather changes we still need to be mindful of good sun safety. Always remember to Slip on sun protective clothing, Slop on sunscreen, Slap on a hat, Seek shade and Slide on sunglasses.

If you do experience burns of any kind follow these steps:

- Follow DRSABCD: Danger, Response, Send for help, Airway, Breathing, CPR, Defibrillation.
- 2. If the burn is severe or involves an airway, call an ambulance on 'ooo'.
- 3. Hold the affected area under cold running water for 20 minutes as soon as possible.
- 4. Remove any clothing/jewellery from the area unless it is stuck onto the burn.
- 5. Cover the burn with a light, loose non-stick dressing.
- 6. Check the patient for shock and treat if necessary.

\*With acknowledgement & thanks to St Johns Ambulance Australia for information

As more groups start to conduct more activities in the improving weather, we encourage you to check your first aid kits to ensure that they are complete and up to date. Please remember to take these with you for each activity, you never know when you might need them.



